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# PENNSYLVANIA HOSPITAL

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## ANNUAL REPORT

Department for Mental and Nervous Diseases

West Philadelphia

For the Year Ending December Thirty-first Nineteen Hundred and Twenty-five

Presented to the
One Hundred and Seventy-fifth Annual Meeting of the
Contributors to the Pennsylvania Hospital

Philadelphia, Penna. Dec. 31, 1925

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PPW 145/8/3.1 1925

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I hereby give and bequeath to "The Contributors to the Pennsylvania Hospital" the sum of \_\_\_\_\_\_ Dollars (or other personal property, describing the same).

## Devise of Real Estate

I hereby give and devise to "The Contributors to the Pennsylvania Hospital," their successors and assigns, all that (here describe the property or ground rent).

#### Free Patient Memorials

A contribution or bequest of Five Thousand Dollars or more establishes a Free Patient Memorial and will be recorded upon a suitable tablet placed upon the walls of the hospital.

Contributions will be gratefully acknowledged by

EDWARD Y. HARTSHORNE, Treasurer, 1508 Chestnut St.

or at the office of either department of the Hospital.



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## Pennsylvania Hospital Department for Mental and Nervous Diseases West Philadelphia

#### Managers

JOHN T. LEWIS, JR. JOHN WAY ARTHUR C. MORTON CHARLES J. RHOADS PARKER S. WILLIAMS EVAN RANDOLPH GEORGE R. PACKARD LAWRENCE J. MORRIS BEAUVEAU BORIE, JR. CHARLES EVANS CHARLES WHEELER MALCOLM LLOYD, IR.

ARTHUR V. MORTON, President

LAWRENCE J. MORRIS, Secretary.

#### Treasurer

EDWARD Y. HARTSHORNE, 1508 Chestnut Street

#### Solicitor

J. RODMAN PAUL, 505 Chestnut Street

Consultant for Future Development OWEN COPP. M.D.

Physician-in-Chief and Administrator EARL D. BOND, M.D.

#### Medical Directors

Department for Men DANIEL H. FULLER. M.D. Department for Women

EDWARD A. STRECKER, M.D.

Laboratories

CLIFFORD B. FARR, M.D.

# Consulting Dentist L. Foster Jack, M.D., D.D.S.

#### Department for Men

ELMER V. EYMAN, M.D., Senior Assistant Physician JAMES WAYGOOD, M.D., Assistant Physician CHARLES C. ROWLEY, Assistant Physician

#### Department for Women

GORDON F. WILLEY, M.D., Senior Assistant Physician CLARA L. McCord, M.D., Assistant Physician SADI M. BARON, M.D., Assistant Physician

#### Laboratory

Annie E. Taft, M.D., Neuropathologist Charles W. Lueders, M.D., Clinical Bio-chemist George E. Partridge, Ph.D., Psychologist Edward Westburgh, B.S., Assistant Psychologist

#### Dentists

OLLINGTON C. HAYES, D.D.S.

JAMES EDWARD AIGUIER, D.D.S.

#### Superintendents of Nurses

LEROY N. CRAIG, R.N.

LETITIA WILSON, R.N.

#### Directors of Occupational Therapy

MARY F. BOYD

KATHRYN I. WELLMAN

Director of Physio-Therapy
David H. Holmes

Dietitian
Edna M. Steele

Bursar William M. Walter

Business Director
HERMAN S. MEHRING

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Department for Mental and Nervous Diseases

# Pennsylvania Hospital

## Department for Mental and Nervous Diseases

## Attending Managers

## 1926

May { Beauveau Borie, Jr., 1517 Locust Street. Charles Wheeler, North American Building.
June
July
August
September { CHARLES EVANS, EVAN RANDOLPH, Girard National Bank, 116 S. Third Street.
October { Evan Randolph, John Way, 409 Chestnut Street.
November { JOHN WAY, CHARLES J. RHOADS, 330 Chestnut Street.
December CHARLES J. RHOADS, GEORGE R. PACKARD, 434 Walnut Street.
1927
January { George R. Packard, Parker S. Williams, 601 Commercial Trust Building.
February PARKER S. WILLIAMS, ARTHUR V. MORTON, S. E. Cor. 15th and Chestnut Streets.
March
April
The Attending Managers visit the Pine Street Hospital every Wednesday at 9 A. M., and the Departments for Mental and Nervous Diseases every Saturday at 1.30 P. M.

## Physician-in-Chief and Administrator's Report

## Department for Mental and Nervous Diseases West Philadelphia

To the Managers of the Pennsylvania Hospital:

This report for the calendar year of 1925, which is presented to the 175th Annual Meeting of the Contributors, invites comparisons with the report of this department submitted to the Sesqui-Centennial Meeting in 1901. We close our present year with 320 patients in the hospital and twenty-five years ago there were 430; we admitted last year 332 patients and in 1901 they admitted 195; in the out-patient department, in spite of the efforts to cut down the number of patients until new facilities could be provided, we treated 1184 new patients as compared to 47 in 1901. All these figures show the tendencies of the times very plainly.

Major events of the year have been the treatment of a class of children, the appointment of Dr. Strecker to the Professorship of Mental and Nervous Diseases at the Jefferson Medical College, and the beginnings of work on new service buildings.

The class of children whose conduct had been disturbed by lethargic encephalitis—ten boys from 8 to 12 years of age has been handled at Forty-ninth Street in such a way as to keep the children happy, avoid annoyance to older patients and to the community, and afford an opportunity for scientific study into the causes of their trouble. These boys can be described in the words which Franklin used in 1751 about some of the patients for whom the hospital was founded-"Some of them going at large are a Terror to their Neighbors, who are daily apprehensive of the Violences they may commit." In the hospital they have been kept busy all day long with school in the morning, occupational therapy in the afternoon, and supervised play and recreation in between. They have gained tremendously in physical condition and somewhat in behavior. They have been subjected to many tests which have been repeated on other school children.

There has been a concerted effort to get at the roots of their deviations from ordinary behavior and these efforts have been already much rewarded. The statement of one of our doctors that "they are just like ordinary children only more so" shows great understanding. It is evident, however, that our studies have just begun and that we are dealing with matters which concern not only prevention of delinquencies in this small group of boys, but the method of education of normal children and the prevention of mental diseases in general.

The appointment of Dr. Strecker to the staff of the Jefferson College and Hospital at the retirement of Dr. Dercum was a well deserved honor. It has had great influence in determining the plans of this hospital. Such a teaching position, coupled with Dr. Strecker's continuing experience in the out-patient department, keeps our staff more closely in touch with general hospital methods and turns attention to the early and curable forms of mental troubles.

The buildings being erected to house dining room, kitchens, laundry, and powerhouse provide adequate structural foundation for the new work which is suggested by the foregoing paragraphs. With one more building, one devoted exclusively and directly to patients, we shall be in a position to open an out-patient, child guidance and treatment department entirely separated from any possible contacts with patients needing prolonged treatment.

Funds for this one building must be raised this year. If any one able to give to this work could realize something of the happiness which can be furthered by the prevention of bad habits, of nervous and mental disease in the young, funds would soon be given. The patients are waiting and our facilities will be taxed from the first. For many of these sufferers there is nowhere else to turn.

There are hundreds of hospitals and private nursing homes near Philadelphia, but they have to limit their services to certain definite kinds of cases. There is, as I understand it, no agency which attempts to provide at the rate of \$32 or less a week, a private room with adequate clinical and laboratory services, adequate nursing and other care for mental patients. In all the

following instances we are not only anxious to help but we have built up the necessary organization and see our way clear to do an adequate service. We are anxious to help young people who have had a "breakdown" and need intensive physical and mental treatment. We want to take in classes of children whose behavior unfits them for home, school, or general hospitals and whose illness should bar them from correctional institutions. And we want to help the thousands who can remain at home and at work if they can come to our out-patient department for advice about the difficulties which they face.

#### Out-Patient Clinic

Dr. Strecker's report of out-patient activities immediately follows this report. In it and between its lines can be read very clearly the work that the future has in store for this hospital. Of its 1134 new patients, 374 were children. A good idea of the services which it is rendering can always be obtained from listing the several agencies which used it most during the year. During 1925 these were The Family Society, The Society for the Prevention of Cruelty to Children, The Jewish Welfare Society, The Mothers' Assistance Fund, The Hebrew Sheltering Home, The Catholic Children's Bureau, The Wayne Neighborhood League. Any acquaintance with the clinic justifies the conclusion that it characteristically outlines treatment which gives satisfactory practical results although, of course, the treatment varies greatly with each individual and problem.

## The Number of Patients

at the beginning of the year was 294, with 34 more on visit. Admissions totalled 332 and whole number under treatment was 630. Discharges numbered 320 and deaths 22. There remained at the end of the year 293 patients in the hospital and 25 on visit. Detailed information will be found in the tables which follow the out-patient report.

Forty-one per cent of the patients were treated for less than the cost of care; 53 were free and 213 part pay. There were 7300 free and 39,420 part pay days.

## The Admissions

for the year were 332 and of these 238 or 71 per cent were voluntary. Of those admitted 88.8 per cent had residences in Pennsylvania and 58.4 per cent in Philadelphia.

#### Mental Patients

constituted 96 per cent of all admissions, and of these 82.8 per cent were first admissions to this hospital.

#### Mental Patients First Admitted

numbered 275 and ranged in age from 7 to 82. Twenty-one patients were under 15 years of age on admission and 11 patients were over 70 years. The duration of the illness was much too long in most cases because as usual the families sacrificed valuable time before getting in competent medical advice. Duration before admission was less than a month in only 50 cases, was from one to three months in 54, from three to six months in 31, from six to nine months in 27, from nine months to a year in 12, and over a year in 99 instances, with 2 unknown.

## The Discharges

of mental patients numbered 305, of whom 49 were recovered and 54 in addition were at the time able to maintain themselves in the community. In addition 134 patients were discharged as improved. The follow-up system is being continued and is based on the patient's record for from five to ten years after admission.

#### Recoveries

Of the 49 recoveries, the average duration of mental illness before admission was 8 and 2/3 months, and the average time of treatment in the hospital was 4 and 1/3 months. The whole duration of illness in these patients ranged from 15 days to 7 years, 1 month, 28 days.

## Deaths

of mental patients numbered 22, with an average age of death of 55 years. Five of these patients were admitted in a critical condition.

## The Daily Average

number of patients in the hospital for the year was 311.25, the first increase for some years.

## Clinical and Laboratory Services

Belief in the fundamental importance of personality study has been increased during the year and has been influenced by many facts brought out in reference to the behavior of many patients under 15 years of age. The psychologists have continued their study of reaction times and with the medical director of the laboratory have been making anthropological measurements and working with the psychogalvanic tests, which are time-consuming procedures. Studies of the effect of continuous neutral baths and tests of heart function are under way. Other lines of investigation are indicated by the titles of papers listed below and in the laboratory statistics immediately following:

Renal function tests16Urine examinations1022Feces examinations43Duodenal drainage33Blood examinations638
Feces examinations
Duodenal drainage
Blood examinations 638
Blood chemistry
Blood cultures and slides 151
Blood metabolism
Photographs
X-Rays, general 124
X-Rays, dental 92
X-Rays, gastro-intestinal 48

The neuropathologist completed the gross and microscopical examination on four autopsies and on 23 brains received from the Ayer laboratory. Wasserman tests on blood and spinal fluid were done by the Ayer laboratory in 380 cases, and Widal tests in 5.

Miscellaneous work for the laboratory was made up of tests of milk, cream and the water in the swimming pool.

The laboratory staff ends the year at a high point of efficiency and in full and easy co-operation with its clinical colleagues.

On the clinical side the men's service has remained unchanged. Dr. Eyman has been giving one day a week to the Juvenile Court Clinic at Wilmington, Delaware, and Dr. Waygood has been giving the same time to the Neuro-Psychiatric Clinic at St. Christopher's Hospital in this city. Dr. Sadie Baron has come to the hospital for one year's work in psychiatry; she is a graduate of Bryn Mawr College, Women's Medical College and Harrisburg General Hospital.

## Teaching and Headings of Publications

"As all the graduate students in the University of Pennsylvania in Neuro psychiatry are entered as Fellows who are working for an advanced degree a new arrangement for Clinical Psychiatry teaching has been made. The four Fellows this year will all spend the four summer months in working at this hospital. Students in children's diseases in the graduate school have come for a short course of lectures and clinics to the West Philadelphia Department and to the Out-patient Department. Other teaching has gone on as before except that Dr. Strecker has, on taking up his teaching duties at the Jefferson Medical College, had to drop his graduate teaching. Dr. Bond and Dr. Strecker have joined the Philadelphia Committee for the Study of Drug Addiction, the other members being Dr. J. C. Doane, Dr. Robert Torrey, and Dr. Horatio C. Wood, Jr."

The following books, monographs and articles have been read and published:

- (1) "Clinical Psychiatry," a textbook for students and practitioners, by Edward A. Strecker, M. D., and Franklin G. Ebaugh, M.D. Published by P. Blakiston's Son & Co., Philadelphia, 1925.
- (2) "Psychiatric Studies of Public School Children in Eleven Counties, Children in State and County Institutions for Delinquent and Dependent, Inmates of Eleven County Poor Farms and Inmates of Eighteen County Jails." Report of Texas Mental Hygiene Survey; 1924, Part II. (Texas Eleemosynary Com.) E. V. Eyman, M. D.
  - (3) "Underestimation of Good Results in Mental Dis-

- eases." Earl D. Bond, M. D. Published in the Journal of the American Medical Association, 1925, 85, 503-504.
- (4) "Post-Encephalitic Behavior in a Group of Boys." Earl D. Bond, M. D. Presidential address to the Philadelphia Psychiatric Society, January 8, 1926.
- (5) "Studies of Gastric Secretion and Motility in Mental Patients." C. B. Farr, M. D., C. W. Lueders, M. D., and Earl D. Bond, M. D. Published in the American Journal of Psychiatry, 1924, 12, 518-521.
- (6) "Diet in Health." Radio Talk. C. B. Farr, M. D. Published in the Weekly Roster and Medical Digest, 1925, 20, 21-25.
- (7) "Gastric Carcinoma Simulating Involutional Depression." C. B. Farr, M. D. Published in the Archives of Neurology and Psychiatry, 1925, 13, 636-637.
- (8) "A Case Presenting a Parkinsonian Syndrome with Certain Features Suggesting Pseudobulbar Palsy, Having an Onset Immediately Following Childbirth." Gordon F. Willey, M. D. Published in Archives of Neurology and Psychiatry, 1924, 11, 105-107.
- (9) "Carcinomatous Metastasis to Central Nervous System." Annie E. Taft, M. D., and Edward A. Strecker, M. D. Published in Archives of Neurology and Psychiatry, 1924, 12, 105-106.
- (10) "Epidemic Encephalitis, 4 Cases Complicated by Pregnancy and a Preliminary Report of Experimental Therapy by Intravenous Injection of Acriflavine." Edward A. Strecker, M. D., and Gordon F. Willey, M. D. Published in the American Journal of Psychiatry, 1925, 4, 631-641.
- (11) "Differential Diagnoses Between Hyperthyroidism and the Neuroses." Edward A. Strecker, M. D. Read before American Clinical and Climatological Association.
- (12) "Psychoneuroses with Special Reference to Their Management." Edward A. Strecker, M. D. Read before the New York County Medical Society, December, 1925.
  - (13) "Prognoses in Schizophrenia." Read before the

Association for Research in Nervous and Mental Diseases, December, 1925. Edward A. Strecker, M. D., and Gordon F. Willey, M. D.

- (14) "Puerperal Psychoses." Edward A. Strecker, M. D. To be published in Archives of Neurology and Psychiatry.
- (15) "Psychosis Associated with Trauma of the Head." Anne E. Taft, M. D., and Edward A. Strecker, M. D. Published in Archives of Neurology and Psychiatry, 1915, 14, 658.

## Nursing Service

Graduation day was celebrated on November 18th, with an address by Dr. Arthur H. Ruggles, Superintendent of the Butler Hospital and Lecturer in Psychiatry at Yale University, and presentation of diplomas by Mr. Arthur V. Morton, President of the Hospital.

The training school for men devoted all its time to pupil nurses in a regular course with a total enrollment of 24. Its work fills a long-felt need. Good opportunities, some of them fortunately in our own hospital, are opening for its graduates.

The training school for women is devoting more of its time to the teaching of affiliate and post-graduate nurses.

In July, the Superintendent of Nurses, Miss Cornwall, left to head a training school at a general hospital after a most acceptable service here. She was immediately succeeded by Miss Letitia Wilson, a graduate nurse of our training school in 1918, and who had been Superintendent of Nurses at the Mercer Hospital at Trenton.

## Dentistry

The same consulting dentists have been retained and have given examination and treatment to each patient.

## Occupational Therapy

The work in the garden and greenhouse under the direction of graduates of the Ambler Horticultural School has been enjoyed by many patients, some of whom could not have been interested to the same degree in any other activity. Owing to the amount of time spent out of doors by the patients the total

output of the crafts work has been lessened so that the Christmas sale was smaller. In general, however, the occupational therapy has been more efficient than ever this year in its widened field. Work in crafts has been brought to the ward parlors or to the patients' rooms in order to reach patients who could not come to the larger central classes.

## Library

The librarian has conducted current topics classes with great success. Subjects have been assigned from periodicals which are regularly distributed. At Forty-fourth Street this activity, as well as the entertainments, have been placed under the direction of the occupational therapy department in order to unify the schedule.

#### Entertainments

Golf is being added to the list of sports and it is hoped to have a few long holes playable by summer.

On Washington's Birthday living pictures showed a series of events in the discovery of America—an entertainment carried out in beautiful detail.

## Physio-Therapy

For the first time in some years it is felt that physio-therapy is receiving the amount of attention which is its due. Mr. David H. Holmes, who has had long experience in the McLean, Veterans' Bureau and other hospitals of Boston, has been made director at Forty-ninth Street. His character, ability and experience make him an ideal leader and instructor in the present activities and advisor in Physio-therapy for the new hospital. Mrs. Holmes has given one day a week to physio-therapy at the women's department.

The efficiency of the department has been greatly increased by the appointment of two graduate nurses for full time work in the gymnasium and natatorium on the men's side and by the appointment of an assistant with considerable experience in recreational activities on the women's side. To the material equipment has been added an electric light body cabinet, which is especially valuable when used to supplement hydro-therapy.

#### Financial and Business

The operating deficit for this department for the year 1925 was \$36,768.30. Income from invested funds belonging exclusively to this department was \$24,465.50, leaving a net deficit of \$12,302.80, as compared with the net deficit in 1924 of \$8,366.63. During the year the operating income was \$522,698.56 and the operating expenses were \$559,466.86. This represents a considerable but an exactly balanced increase in both income and out-go. Last year both income and expenses were lower than in the year before, but the decrease in one was balanced by the decrease in the other. It is clear that in order to earn more income, more expenses are necessary, especially in professional services and in household furnishing. The deficit this year was increased by about \$4,000.00 on account of the new slate roof which was installed at Forty-ninth Street. The laundry charges instituted in 1924 brought in \$13,978.14 in the first calendar year.

In terms of expense per patient per week we have an average of \$34.50 for 1925 and \$32.26 for 1924. The income for 1925 was \$32.23 as compared with \$30.22 in 1924; of the income this year the new laundry charge accounted for \$.86 a week. It is interesting to know that out of the \$32.23 we received from the average patient each week we spent \$7.39 for food, \$4.30 for housekeeping, \$2.75 for heat and light, \$2.70 for repairs and renewals; for medical services we spent \$3.16, for nursing services \$4.38, for special therapy \$1.28, and for laboratories \$.73. During the year we admitted 29 free patients, 119 who paid less than \$30 and 184 who paid \$30 or more.

## Repairs and Improvements

The most important improvement was a new slate roof for the main building of the Forty-ninth Street Department. The old slate roof had lasted from the beginning of this department in 1850 and the slate had been laid without any undercoating of wood or of other material.

The land lying between Forty-fourth and Forty-second Streets was seeded last fall in an effort to develop a lawn next summer and to establish a few holes for golf. The trees again have received considerable attention. When earth was moved to make way for new service buildings on Haverford Avenue to the Market Street side of the grounds, the trees worth saving were marked by the landscape architect and were protected. A drive for service trucks has been led down to the basement at Forty-fourth Street in order to do away with the need of an elevator for heavy goods and milk cans.

During the good weather the outside of the main building at Forty-ninth Street was painted, the tin roofs at Forty-ninth and Forty-fourth Streets, and the iron fences. The hot-houses were painted inside and out. Six wards were painted with many of the employees' rooms and the nurses' dining room at Forty-ninth Street. In addition, a force of wall washers cleaned many of the center halls and stairways and apartments. They also cleaned four wards.

At Forty-fourth Street new carpet has been installed in the long first floor hall. Gas ranges and broilers have replaced coal stoves in the kitchen.

The interest of the Women's Auxiliary Committee has remained with the class of boys suffering from encephalitis and has resulted in many gifts of money and clothes. A fund for their support was started by Mrs. Norton Downs. The hospital must again thank Miss Sterrett, Mr. Collins, Judge Gest and Mr. Charles Evans for gifts which were devoted to helping the patients celebrate Christmas. Mr. Atwater Kent donated a radio set which is giving great pleasure in the men's convalescent building.

I express my appreciation of the service of the staff which has not changed during the year except as duties have shifted owing to the increase in the amount of work which they have tried to do. It seems to me that the Managers are giving more and more time to the hospital and more and more support to those who are charged with carrying on its work.

Respectfully submitted,

EARL D. BOND,

Physician in Chief and Administrator.

Pennsylvania Hospital
Department for Mental and Nervous Diseases
December 31, 1925

## Report of the Out-Patient Neuro-Psychiatric Clinic

## For the Year Ending December 31, 1925

To the Physician-in-Chief and Administrator:

The out-patient neuro-psychiatric clinic has completed a busy and successful year. The increase in its activities is reflected in the following statistics: Total number of new patients 1134, including 353 men, 406 women and 374 children; revisits, 3031; psychometric measurements, 461; electrical treatments, 1422; bakings and massage, 792, and social service rendered to eleven hundred and seventy-three. Even though the clinic personnel is large, it was necessary to strain every resource in order to meet, in an adequate manner, the urgent and important community need.

The diversity of sources from which a neuro-psychiatric clinic draws its patients constitutes a fair index, not only of the efficiency of the individual clinic, but also of the practical value of psychiatry in its application to the problems of every-day life. In 1923 our patients came from 38 organizations; in 1924 there were 47 represented and for 1925 we are able to report a list of 55 distinct agencies.

#### Source of New Patients

American Red Cross	14
Associated Charities of Lansdowne	1
Atlantic Refining Company Welfare Department	1
Bethesda Home	1
Bureau of Health	1
Camden Young Men's Christian Association	1
Catholic Alliance	1
Catholic Children's Bureau	17
Children's Aid Society	13
Children's Bureau	2
Child Guidance Clinic	2
Child Study Department	1
Church Mission of Help	3
City Nurses	2
Convalescent Homes	2
Department of Public Welfare	5
Evening Bulletin Welfare Department	í
Family Society	82
Friends' Arch Street Centre	1
	T

Hebrew Sheltering Home	20
Home for Crippled Children	1
Home Missionary Society	2
House of Detention	1
Jewish Welfare Society	3 1
Juvenile Aid Society	6
Light House	2
Main Line Federation of Churches	15
Mental Hygiene Division	2
Moorestown Federation of Churches	3
Mothers' Assistance Fund	22
Orphans' Guardians	2
Personal Service Bureau	7
Philadelphia Child Health Association	4
Psychological Clinics	4
Public Charities Association of Pennsylvania	1
Rebecca Gratz Club	1
School Nurses	10
Settlement_Houses	1
Sleighton Farm	2
Social Service Departments	13
Society for Prevention of Cruelty to Children	69
Starr Centre	2
Travelers' Aid Society	1
Union Benevolent Society	1
Visiting Nurse Society	10
Wallingford Orphanage	1
Wayne Neighborhood League	17
White Williams Foundation	7
Young Men's Christian Association	1
Pennsylvania Hospital	268
Pennsylvania Hospital Clinics	129
Salvarsan 34	
Medical 31	
Nose, Throat, Ear	
Surgical	
Heart	
Eye 9	
Compensation 7	
G. Ü	
Gynecological 4	
Diabetic 2	
Skin 1	
Own or Family Initiative	140
Other Hospitals	61
Schools, Courts, Churches	73
Private Physicians	53
Total	1124

We continue to report the result of our diagnostic studies, with the chief organic pathology appended to the neuro-psychiatric diagnosis.

# Diagnoses of New Cases

## Psychoneuroses 263

Neurasthenia (undernourishment)	
Neurasthenia (visceroptosis)	1
Psychasthenia	12
Psychasthenia (anemia, apical abscesses)	2
Psychasthenia (hyperthyroidism, pyorrhea)	3
Psychasthenia (infected tonsils)	5
Psychasthenia (lacerations of cervix, cystocele)	2
Psychasthenia (Neisser's infection)	1
Psychasthenia (otitis media)	1
Psychasthenia (pyorrhea, salpingitis)	2
Psychasthenia (undernourishment)	1
Psychasthenia (varicose veins)	2
Psychoneurosis (unclassified)	18
Psychoneurosis (anemia)	1
Psychoneurosis (apical abscesses)	3
Psychoneurosis (apical abscesses, defective vision)	1
Psychoneurosis (apical abscesses, neuritis)	1
Psychoneurosis (arthritis)	1
Psychoneurosis (cholelithiasis)	1
Psychoneurosis (dental caries, pyorrhea)	5
Psychoneurosis (endocarditis)	1
Psychoneurosis (endometritis, lues)	3
Psychoneurosis (ethmoiditis)	1
Psychoneurosis (focal infection)	2
Psychoneurosis (gingivitis, infected tonsils)	1
Psychoneurosis (hemorrhoids)	2
Psychoneurosis (hyperthyroidism, valvular heart disease)	2
Psychoneurosis (impacted cerumen)	2
Psychoneurosis (infected tonsils)	3
Psychoneurosis (lues)	1
Psychoneurosis (lumbago, menopause)	î
Psychoneurosis (mal-posed uterus)	î
Psychoneurosis (menopause)	3
Psychoneurosis (neuralgia)	1
	_
	1
Psychoneurosis (pregnancy)	1
Psychoneurosis (refractive error)	2
Psychoneurosis (sacro-iliac disease)	1
Psychoneurosis (scabies)	1
Psychoneurosis (spondylitis)	1
Psychoneurosis (syphilis of thyroid)	1
Psychoneurosis (tuberculosis, syphilis)	2
Psychoneurosis (undernourishment, varicose veins)	1
Psychoneurosis (valvular heart disease)	3
Traumatic Neuroses	7
N. 1 : 1 (7 1:: 0.40	
Neurological Conditions 248	
Aphasia, motor, sensory	1
Arterio-sclerosis, cerebral	6
Brachialgia	1
Cerebral birth palsy	3
Cerebral concussion	2
Chorea	6
Chorea (anemia, mal-nutrition)	2 4
Chorea (cardiac disease)	
Chorea (infected teeth, infected tonsils, refractive error)	7

Cord tumor	
Encephalitis	13
Encephalitis, following concussion	1
Encephalitis (optic atrophy)	1
Encephalitis (Parkinsonian syndrome)	12
Encephalitis (various sequels)	10
Hemiplegia (arterio-sclerosis)	3
Hemiplegia (lues, motor aphasia)	3
Hemorrhage, cerebral	1
Hydrocephalus	1
Little's disease	6
Lues, cerebro spinal	36
Lues, congenital	7
Multiple neuritis	2
Multiple sclerosis	-
Muscular atrophy, progressive	3
Myositis	1
Neuralgia	11
Neuritis	8
Neuritis, alcoholic	4
Neuritis, brachial plexus	7
Neuritis, cervical	2
Neuritis, musculo spiral	2
Neuritis, occupational	4
Neuritis, peripheral	2
Neuritis, sciatica	8
Neuritis, toxic	2
Neuritis, traumatic	,
Nystagmus, congenital	1
Paralysis, brachial plexus	3
Paralysis, facial, peripheral	15
Paralysis, median, ulnar	7
Paralysis, musculo-spiral	3
Paralysis, radial	1
Paralysis, tibial	1
Paralysis, ulnar	1
Parkinson's disease	6
Poliomyelitis, anterior, chronic	3
Severed nerves	2
Sclerosis, posterior, lateral	1
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Dementia, arteriosclerotic	3
Dementia, senile	10
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Dementia precox, paranoid	7
Involutional melancholia	9
Manic depressive, depressed	3 1
Paranoid condition	3
Paresis	17
Psychosis, alcoholic	5
Psychosis (organic brain disease)	2
Psychosis (somatic disease)	2
Psychosis, toxic	1
Psychosis, unclassified	9

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Idiocy
Idiocy (infected tonsils, mutism)
Imbecility
Imbecility (cardiac disease, mal-nutrition)
Imbecility (cataracts, optic atrophy)
Imbecility (infected tonsils) 3
Imbecility (lues, pyorrhea, undernourishment)
Moron
Moron (apical abscesses, infected tonsils)
Moron (anemia, optic atrophy, splenic enlargement)
Moron (blindness, congenital cataracts)
Moron (cardiac disease, undernourishment)
Moron (chorea, mal-nutrition)
Moron (dental caries, goitre, refractive error)
Moron (endocrine imbalance)
Moron (hysteria, nasal obstruction)
Moron (infected tonsils)
Moron (lues, optic atrophy)
Moron (lues, pregnancy)
Moron (mastitis, tuberculosis)
Moron (poliomyelitis)
Moron (speech defect)
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Grand mal (lues)       3         Grand mal (refractive error)       2         Petit mal       7
Petit mal (cardiac disease) 1 Petit mal (lues) 1
Behavior Problems 121
BehaviorProblems53BehaviorProblems (anemia, hyperthyroidism)3BehaviorProblems (cardiac disease)2BehaviorProblems (cervical adenitis)2BehaviorProblems (endocrine imbalance)3BehaviorProblems (enuresis)4BehaviorProblems (infected tonsils)8BehaviorProblems (mal-nutrition)4BehaviorProblems (mental deficiency)11BehaviorProblems (mental retardation)14BehaviorProblems (poliomyelitis)2BehaviorProblems (poliomyelitis)2BehaviorProblems (post-encephalitis)5BehaviorProblems (scabies)1BehaviorProblems (tuberculosis)1
Miscellaneous 44
Alcoholism       7         Alcoholism (cardiac disease, nephritis)       1         Ankylosis, elbow, hand       3         Arthritis (hyperthyroidism, infected tonsils)       4         Arthritis (infected teeth, pyorrhea)       5         Cephalgia (pyorrhea)       3         Drug addict       2         Endarteritis obliterans       1         Endocrine dysfunction       3         Fractured scapula       1         Gastric ulcer       1         Goitre       1         Hodgkin's disease       1         Hyperthyroidism       2         Influenza       1         Labyrinth disease       1         Myalgia       1         Speech defect       6         Diagnosis deferred       3

These statistics deserve analysis. The examination of 1134 new patients, together with 3031 revisits, means that approximately 4.5+ new patients and 12+ old patients come to the clinic each day. About one-third of the new patients are children whose examination entails an exhaustive study which is usually very time

consuming. A neuro-psychiatric clinic must constantly guard against the temptation to generalize, which leads to slip-shod and superficial work. It is probable with the personnel now available that the saturation point has been reached and a definite effort should be made not to exceed 1000 new patients annually.

The psycho-neuroses still continue to furnish material of the greatest scientific interest. After six years' extensive experience we still hesitate to accept any specific etiology, organic or functional. Each of the theories which are commonly brought forward leave entirely too much to be supplied by ingenious hypotheses. The amount of organic pathology which is, to say the least, co-existent with the neuroses needs to be carefully considered. Whether or not it is ever dynamic or truly causative can only be decided by the future. We are led to believe that the closer one approaches so-called neurasthenia the more likely is the reason for the illness to be found in a sick body; the nearer one gets to conversion hysteria the more apt is the fault to be discovered in the psychology or psyche of the patient. As a background in all the neuroses there is often a situational or environmental difficulty. In any event, hesitation to subscribe to belief in any specific etiological agent in all cases has led to intensive individual studies, physical and psychological, and this method promises the most enduring results.

There is no type of case more important than the behavior problem in the child. Its incorrect management may mean the development of mental disease later on in life. A sense of inferiority is so often and so obviously the source of the difficulty that it must be investigated from every angle. Sometimes the basis of the inferiority is physical, but it may be psychogenic or due to environmental handicaps. Unless its true origin is discovered it will continue to be the dynamic reason for troublesome and perhaps psychotic conduct. Thus habits are established which after some years' duration cannot be changed and the final outcome may be mental disease.

Space forbids any detailed statement concerning all the types of disease which came to the clinic. In every department of neuro-psychiatry—organic neurology, the psychoses, mental defect and

retardation, psychotic inferiority and epilepsy—there was no lack of material.

Treatment is one of our chief functions. In the neuroses, psychoses, mental retardation and behavior problems we can fairly often accomplish satisfactory adjustment. When this cannot be attained, improvement in the status of the patient and a more intelligent viewpoint on the part of the family may be secured. Only eleven patients were sent to custodial institutions. Twenty-four were admitted to the Department for Mental and Nervous Diseases and 37 to the Philadelphia Hospital. Four hundred and thirty-five patients are being assisted and treated by our own social service workers and 390 are under the care of other agencies.

The clinic is gradually becoming a teaching centre. Graduate students in neuro-psychiatry and pediatrics, nurses, social workers, psychologists, normal school students and others receive formal and informal instruction and experience in neuro-psychiatry. There is no doubt that there is a general tendency on the part of the medical and nursing professions, social service workers, educators and the intelligent lay public to become better informed concerning mental deviations. Such a quickening of interest is bound to produce good results.

We owe many debts of gratitude. Without the co-operation and help which are constantly at hand from the Managers, the Physician-in-Chief of the Department for Mental and Nervous Diseases, the Consultant on Future Development, the Superintendent, the Staff both visiting and resident, the various clinics and the laboratories of the Department for Sick and Injured, it would scarcely be possible to operate the clinic. The clinic personnel were untiring in their efforts. Dr. Clifford B. Farr and Professor William Spiller were always willing to act as special consultants. Miss Jane C. MacNeal, R.N., continued her remarkable work as the organizer and executive head of the clinic.

Respectfully submitted,

EDWARD A. STRECKER, M.D., Chief of Neuro-Psychiatric Clinic.

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## Treasurer's Statement

Of The Pennsylvania Hospital, Department for Mental and Nervous Diseases, for the Year Ending December 31, 1925.

Income:		
From Endowment Funds:		
General	\$22,701.20	
Occupational and Thysical Therapy	1,704.50	\$24,465.50
Contribution from Stephen Warren McKean		
Downs Fund		1,000.00
Department Receipts:		
Board and Treatment	505,900.99	
Laundry Service	13,978.14	
Interest on Bank Deposits	210.08	
Profit on Merchandise Purchased for		
Patients	506.08	521,698.56
Total Income		\$547,164.06 559,466.86
Expenses, as retached		
Excess of Expenses over Income		\$12,302.80
Expenses:		
Administration:	000 447 60	
Salaries and Wages	6 198 24	
ouppites and Expenses		\$34,645.93
Professional Care of Patients:		
Salaries and Wages	136,947.08	
Supplies and Expenses	6,149.43	143,096.51
Departmental Expenses:		1 /0(0/0///
Laboratories:		
Salaries and Wages \$10,589.54		
Supplies and Expenses 1,246.90	11,836.44	
Schools of Nursing:	11,030.77	
Salaries and Wages 2,328.67		
Supplies and Expenses 388.07		
	2,716.74	
Libraries:		
Salaries and Wages 1.821.22 Supplies and Expenses 931.44		
odppies and Dapenees	2,752.66	
Housekeeping:		
Salaries and Wages 45,645.87		
Supplies and Expenses 23.923.98	(0 ~(0 0 ~	
	69,569.85	

Laundry:	
Salaries and Wages \$16 Supplies and Expenses	6,393.48 3,145.50 
Kitchen:	
	0,181.52 2,667.73 32,849.25
Food	119,795.76
Garage:	
	3,523.98 4,573.75
Ashley Farm (Net)	
, , , ,	\$272,013.48
House and Property Expenses:	
Heat, Light and Power:	
0	0,393.86 4,264.87 
Repairs and Renewals:	
Salaries and Wages 28	3,800.25 4,837.50 43,637.75
Garden and Grounds:	13,037.77
Salaries and Wages 11 Supplies and Expenses 2	
Ice	13,380.07 2,162.43 566.60
	109,710.94
Total Expenses	\$559,466.86

## School of Nursing

# Of the Pennsylvania Hospital, Department for Mental and Nervous Diseases, West Philadelphia

The Managers of the Pennsylvania Hospital offer at the Department for Mental and Nervous Diseases to men and women desirous of becoming trained nurses courses of instruction in nursing with special reference to mental and nervous diseases, with supplementary training in affiliated general hospitals, preparing them for examination for State registration as professional nurses.

## The School of Nursing for Women

is connected with the Department for Women at 4401 Market Street, being distinct from the School of Nursing for Men at Forty-ninth and Market Streets.

It was organized in 1914 on the basis of the highest educational standards for schools of nursing and was registered by the Pennsylvania State Board of Examiners for Registration of Nurses in 1916. It is also registered under the Board of Regents of the State of New York.

The course covers a period of three years, twenty-one months of which are spent in affiliated general hospitals making provision for adequate instruction and practice in every branch of nursing. The additional experience in medical, surgical and obstetrical nursing is given at the Pennsylvania Hospital, Department for Sick and Injured, or at the Presbyterian Hospital, and nursing in children's diseases is given at The Children's Hospital. Arrangements have also been made with The Visiting Nurse Society and the Municipal Hospital to give two months' additional training in those special branches to students desiring it.

The educational requirement for admission to the school is two years of high school or its equivalent. High school graduates are preferred and college students will be given advanced standing, according to the nature of work previously done.

Candidates should be between 18 and 35 years of age and must be in sound physical and mental health. Application blanks may be obtained by writing to the Superintendent of Nurses, 4401 Market Street. When possible a personal application is desirable. Appointments may be arranged by letter or telephone.

The Superintendent of Nurses, with the approval of the Physician-in-Chief, decides as to fitness of the applicant for the work of nursing and whether she shall be retained at the end of the preliminary period.

A preliminary course of four months' intensive class work is given and during this period the student spends not more than three hours a day on the wards. During this time she has an opportunity to decide definitely whether she cares enough for the work to complete the three years' course and those responsible have an opportunity to advise her as to her fitness and adaptability to the work.

After the preliminary period the student averages only eight hours a day on the wards. This is accomplished by giving one whole day each week for recreation and study, in addition to two hours daily and four hours on Sunday. Three weeks' vacation is allowed each year, or nine weeks during the entire period of training.

The reception rooms, entertainment hall, gymnasium, swimming pool, tennis court, golf course and other resources of the hospital for recreation are at the disposal of the nurses and a wholesome recreational life is encouraged.

In addition to complete maintenance an allowance of \$25 a month is given during the time students are in this Hospital and \$10 a month during the period spent in General Hospitals.

Students provide their own uniforms and text books, but all reference books are furnished by the hospital.

Complete information concerning uniforms and other equipment is mailed with the student's acceptance slip.

In case of acute illness during the training period students are cared for gratuitously by the Hospital. Time lost through illness in excess of two weeks each year must be made up before graduation.

# General Scheme of Instruction

# First Year

	Tours
History of Ethics of Nursing	18
Elementary Nursing (including bandaging)	80
Anatomy and Physiology with Practical Demonstration	80
Bacteriology and Pathology	32
Hygiene and Sanitation	24
Materia Medica	80
Drugs and Solutions	30
	10
Household Economy	36
Medical and Surgical Emergencies	
Social and Economic Causes of Disease	12
Clinics (Ward)	20
Chemistry	36
Invalid Óccupation	40
Nutrition and Cookery	24
Elementary Massage	16
	10
Second Year	
Ţ	Hours
Nervous System and Special Senses	10
Clinical Dayshisters	20
Clinical Psychiatry	
Dietetics (Theory and Practice)	60
Medical Diseases	20
Surgical Diseases	20
Massage	10
Hydrotherapy	20
Invalid Occupation	40
Principles and Practice of Nursing	20
Practical Demonstrations in Physiology and Pharmacology	24
Psychology	16
Clinics (Ward)	10
Triant in	
Urinalysis	6
Last Half Second Year and First Half Third Year	
Eighteen Months in General Hospital	
M	onths
Surgical Nursing	6
Medical Nursing	4
Children's Nursing	3
Obstetrical Nursing	3
Contagious Nursing	3
Visiting Nursing	2
Finishing Mouths Comion Your	
Finishing Months—Senior Year	_
	<b>Tours</b>
Professional Problems	5
Modern Social Problems	5
Modern Developments in Nursing	5
Introduction to Special Branches	10
Institutional Housekeeping.	
Private Nursing.	
	10
Reviews Including Adaptations of Nursing.	10
Technic and First Aid.	

#### The School was established in 1914. The graduates are:

Cl	ass	1	9	1	7
$\sim$	ws	- 1	_	1	,

Anna P. Walsh Hunt, R.N. At Home Margaret Rodgers Shearer, R.N. At Home Ethel L. Williams Donley, R.N. At Home Mary Mulholland McGurney, R.N. At Home Wilkes-Barre, Pa.

Class 1918

Jennie Millar
Letitia Wilson, R.N.

Priv. Duty Nurse
Supt. of Nurses
Pennsylvania Hospital,
Department for Mental &
Nervous Diseases, Phila.

Class 1919

Maude L. Allen, R.N.
Augusta H. Eagan, R.N.
Celia M. Richards

Priv. Duty Nurse Philadelphia, Pa.
At Home Fairview, N. J.
Social Service
Asst. Supervisor Philadelphia, Pa.

Class 1920

Frances J. Kennedy, R.N.

Irene Sharp, R.N.

Lulu Hiscox, R.N.

Supt. of Nurses
Office Nurse
Asst. Supt. Nurses
Philadelphia, Pa.
Pennsylvania Hospital,
Department for Men,
Philadelphia, Pa.

Class 1921

Mabel Beyer Fairchild, R.N. At Home Minneapolis, Minn. Kathryn Griffin Ruddy, R.N. At Home Philadelphia, Pa.

Class 1922

Edith Oliver, R.N.

Margaret Hoffer, R.N.

Night Supervisor
Nurse

Port Arthur, B. C.
Pennsylvania Hospital,
Philadelphia, Pa.

Class 1923

Marion Wanger, R.N.

Surgical Supervisor The Children's Hospital,
Philadelphia, Pa.

Margaret Eagan, R.N.

Head Nurse
Pennsylvania Hospital,

ead Nurse Pennsylvania Hospital,
Department for Mental &
Nervous Diseases, Phila.

Class 1924

Harriett Meloney Nurse U. S. Veterans' Hospital, No. 49, Phila., Pa.

### Affiliated Pupils—Three Months' Course Completed in 1923

Helen Wilson, Presbyterian Hospital, Philadelphia. Edith Thomas, Presbyterian Hospital, Philadelphia. Nancy Cooper, Presbyterian Hospital, Philadelphia.

### Completed in 1924

Mary Craig, Presbyterian Hospital, Philadelphia. Virginia Stayer, Westmoreland Hospital, Greensburg, Pa.

#### Completed in 1925

Alice Gladys Nicole, Presbyterian Hospital, Philadelphia. Dorothy Lindermuth, Methodist Hospital, Philadelphia. Edith Payne, Methodist Hospital, Philadelphia. Helen M. Tucker, Methodist Hospital, Philadelphia. Mary E. Apel, Methodist Hospital, Philadelphia. Henrietta S. Menold, Presbyterian Hospital, Greensburg, Pa. Ann Moslo, Westmoreland Hospital, Greensburg, Pa.

# Post-Graduate Course in Mental and Nervous Nursing

# Department for Women 4401 Market Street

From the Social Service agencies, from the Red Cross, and from public health and school officers has come a new and increasing demand for nurses who have neuro psychiatric, in addition to general, training. The older demand for such nurses as hospital executives and in private practice still continues. This means wide opportunities for those qualified. The graduate nurse with merely general hospital experience is not trained or equipped to meet this special and increasing demand; neither the theory nor the practice of mental and nervous nursing is available in the general hospital training school and both of these are indispensable to meet the particular demands in this field. It is only through actual contact with mental and nervous patients that their peculiar needs can be appreciated and the neuro psychiatric viewpoint can be obtained.

A four months' course in the theory and practice of the nursing of mental and nervous patients is offered to all graduates of general hospitals furnishing proper credentials.

Thirty dollars a month and maintenance are given during the period of training. The hours of duty are from seven in the morning until seven in the evening, with two hours daily and one day weekly off duty. Extra time is given for lecture and classes. In cases of illness the student is cared for gratuitously at the hospital, unless such illness is prolonged, but all time lost in this way or any other way must be made up.

The grounds surrounding the hospital offer ample space for outdoor exercises and games. The swimming pool is open twice a week under the supervision of an instructor. A hall for dancing, which is provided with a piano and victrola, is open one or two evenings a week under the supervision of our Social Director.

A social hall is also available for the use of the nurses, where they may receive callers during the afternoon and evening. Students are required to wear the customary uniform, cap, and apron of the training school from which they graduated, black shoes with rubber heels.

When possible the applicants should apply in person, as they can then be given more detailed information.

It is most important that the student should be in good health when taking up this branch of study, and to be free from any responsibility that might interfere with her course.

When the four months are satisfactorily completed a certificate with the seal of the Hospital is granted the student.

#### Outline of Instruction

#### Class 1921

MARY E. BOLLINGER, R.N. Graduate, Lancaster General Hospital

MARY E. STEHMAN, R.N. Graduate, Lancaster General Hospital

Anna L. Frost, R.N. Graduate, Orthopaedic Hospital and Infirmary for Nervous Diseases

#### Class 1923

EMILY SIRNIS, R.N. Graduate, Addison Gilbert Hospital Gloucester, Mass.

Sarah Anne MacGregor, R.N. Graduate, St. Luke's Hospital New Bedford, Mass.

Marie Murray, R.N. Graduate, Presbyterian Hospital Philadelphia, Pa.

Louise McKenzie, R.N. Graduate, Presbyterian Hospital Philadelphia, Pa.

#### Class 1924

CORA BENSLEY, R.N. Graduate, Lancaster Infirmary London, England

EMMA P. STRANFORD, R.N. Graduate, Altoona Hospital Altoona, Pa.

Gertrude Brown, R.N. Graduate, Presbyterian Hospital Philadelphia, Pa.

Frances Brown, R.N. Graduate, Presbyterian Hospital Philadelphia, Pa.

BERNICE STILLMAN, R.N. Graduate, Women's College Hospital Toronto, Canada

Franciska Sachsenmeyer, R.N. Graduate, Hapsburg Hospital Germany

#### Class 1925

NAOMI BOTTOMLEY, R.N. Graduate, Columbia Hospital Columbia, Pa.

FLORENCE PUND, R.N. Graduate, Presbyterian Hospital Philadelphia, Pa.

ALICE E. CLEMENTS, R.N. Graduate, Garretson Hospital Philadelphia, Pa.

PAULINE M. Fex, R.N. Graduate, Misericordia Hospital Edmonton, Alberta, Canada

# The School of Nursing for Men

is connected with the Department for Men at Forty-ninth and Market Streets.

It offers a three years' course of instruction in nursing, of which ten months are spent in an affiliated general hospital, where the pupil acquires additional experience in medical, surgical, operating room and genito-urinary nursing.

The school is registered by the Pennsylvania State Board of Examiners for Registration of Nurses, and its graduates are eligible for examination as professional nurses.

The requirements for admission necessitate applying in the applicant's own handwriting to the Superintendent of Nurses, Forty-ninth and Market Streets, West Philadelphia, Pa. A personal interview is desirable whenever possible, and may be arranged by letter or call between 10 A. M. and 12.30 P. M.

Applicants are preferred between twenty and thirty-five years of age.

A high school education or its equivalent is desirable.

Applicants who are to be further considered will be furnished with a blank form of application, which should be filled out and returned with a physician's certificate of good health.

There is a probationary period of three months to enable the applicant to decide definitely whether he will agree to complete the required course, and, furthermore, to enable the Superintendent of Nurses to determine whether he is adapted to the work and qualified to make a success of it.

The Physician in Chief and Superintendent of Nurses will decide as to the fitness of the applicant for the work of nursing, and may retain or dismiss him during the probationary period, or sever his connection with the school at any time for reasons which seem to them sufficient.

During the course of training in this Hospital the pupils receive in addition to their board, lodging and laundry, \$30 a month the first three months, \$35 a month thereafter; but while in a general hospital, they receive the remuneration paid by that hospital.

The education and nursing experience are considered of greater value than the money compensation.

Graduates who are trained in the service of the Hospital receive higher compensation, according to the positions filled.

Pupils average sixty hours a week in the wards. In addition to their daily hours off duty they are allowed one whole day each week for recreation and study, and three weeks' vacation each year. During the school term lectures and classes are attended in off-duty time. During illness pupils are cared for gratuitously, unless it be prolonged, and receive compensation, unless its duration exceeds two weeks in any year.

Students have access to the Gymnasium and Swimming Pool. The Hospital has ample grounds. Baseball, soccer, and other outdoor and in-door sports are enjoyed.

Graduates of the School find several fields open to them. Head places in our own Hospital are often available to those who are adapted for them. The comprehensive scope of the training specially qualifies graduates of this School for executive and administrative positions. Also Industrial Nursing in large manufacturing plants is looking more each year to graduate men nurses to care for their first aid service to injured employees. Another advantage which comes to graduates is the opportunity of pursuing plans for further education, which may be a medical or college course or some specialized branch of Nursing. This is made possible by the graduate's increased earning ability.

After the completion of the required course and passing all examinations, the pupil is awarded a diploma, certifying to the period of his training and good conduct and character.

Instructions by demonstrations, lectures, recitations, laboratory work and practical exercises, is given between October 1st and May 31st of each school year. Pupils are received at any time according to the existing vacancies. It is an advantage to enter the school during the summer months, before the active instruction begins, as opportunity is thus afforded to become familiar with certain practical matters which facilitate the School of Nursing work later.

#### Schedule of Instruction

The courses are taught by lectures and demonstrations, and quizzes on same; text-book recitations; laboratory demonstration and practice.

The Preliminary (first four months), First Year, and Third Year subjects are taught in the home school; the Second Year subjects in affiliated general hospital school.

#### Preliminary

Elements of Nursing Anatomy and Physiology Hospital Housekeeping Historical, Ethical and Social Basis Personal Hygiene Elementary Dietetics Bandaging Drugs and Solutions

of Nursing

#### First Year

Rational Exercise (Gymnasium) Elementary Chemistry Bacteriology Materia Medica and Therapeutics Urinalysis Nursing in Medical Diseases

Nursing in Typhoid Fever Nursing in Surgical Diseases Sanitation

Elements of Nursing in Mental and Nervous Diseases

#### Second Year

Dietetics Nursing in Medical Diseases Nursing in Diseases of Eye, Ear, Nose, Throat and Skin Operating Room Technic

**Tuberculosis** Nursing in Communicable Diseases Nursing in Surgical Diseases Nursing in Genito-Urinary Diseases Nursing in Venereal Diseases

#### Third Year

Nursing in Orthopedic Surgery Elements of Psychology Nursing in Mental and Nervous Diseases Nursing in Communicable Diseases

(continued)

Professional Problems

Nursing in Medical and Surgical Emergencies

Central Nervous System

Anatomy and Physiology of the Private Nursing History of Nursing and Ethics Public Sanitation Special Therapeutics Survey of the Nursing Field Mental Hygiene Massage Hydrotherapy

## Practical Training

Of the thirty-six months of the course, twenty-six months' duty is given in the home school and ten months in the affiliated hospital. This training is divided among the following services:

#### Home School

Convalescent	Observation	Behavior (Children)	Acute	Special
Hydrotherapy	Massage	Diet Kitchen	Operating	Room Chronic

## Affiliated School

	,	J	
Medical	Surgical	Operating Room	Genito-Urinary

### The school was established in 1914. The graduates are:

	Class 1917	8
John Boyle	Nurse	Philadelphia, Pa.
Alphonsus J. Connelly	Nurse	Philadelphia, Pa.
John A. Devlin	ridisc	Deceased.
Claude Garland	Agriculturist	Earlysville, Va.
Robert N. Hughes	Charge Nurse	Pennsylvania Hospital, Department for Mental and Nervous Diseases.
John Quigley	Night Super- intendent of Nurses	Pennsylvania Hospital, Department for Mental and Nervous Diseases.
John J. Carey	Hydrotherapist	Department of Psychiatry, State University, Iowa City, Iowa.
	Class 1918	
John Paul Bischoff	Industrial	
	Nurse	New Castle, Pa.
Lawrence H. Himes	Private Nurse	New Holland, Pa.
	Class 1920	
Nov. Hak Kodama, R.N.	Nurse	Ann Arbor, Mich.
	Class 1921	
Harold E. Sterner, R.N.	Private Nurse	Bellevue Hospital, N. Y.
	Class 1922	
Wesley A. Krapf, R.N.	Student	Peirce Business School, Philadelphia, Pa.
	Class 1923	
John L. Bohlke, R.N. Daniel J. Evans	Private Nurse Charge Nurse	Philadelphia, Pa. Pennsylvania Hospital, Department for Mental and Nervous Diseases.

John Grady	Charge Nurse	Pennsylvania Hospital, Department for Mental and Nervous Diseases.
John H. Smith, Jr.	Operating Room and Charge Nurse	Pennsylvania Hospital, Department for Mental and Nervous Diseases.
	Class 1924	
Samuel P. Campbell, R.N.	Physiotherapist	Pennsylvania Hospital, Department for Mental and Nervous Diseases.
Patrick M. Haughey, R.N. Ellis C. Hulme	Private Nurse Asst. Night Supt. of Nurses	Philadelphia, Pa. Pennsylvania Hospital, Department for Mental and Nervous Diseases.
Donald L. Reams	Charge Nurse	Pennsylvania Hospital, Department for Mental and Nervous Diseases.
	Class 1925	
Alexander F. Lubinski James Q. Simmons, Jr.	Private Nurse Physiotherapist	Ann Arbor, Mich. Pennsylvania Hospital,
James Q. ommons, jr.	i nysiotherapist	Department for Mental and Nervous Diseases.
Richard D. Thomas	Post-Graduate Nurse	Bellevue Hospital, New York, N. Y.
Elisha W. West	Private Nurse	Philadelphia, Pa.

### Admission of Patients

Patients are received either on signing a request for care and treatment, or by commitment by two Pennsylvania Physicians, with an order signed by a relative or friend. Forms can be obtained at the hospital.

No patient is admitted without the previous consent of the Managers. Information about prospective patients should be given to physicians by personal interview if possible, or by letter.

For men, the application should be made to Physician-in-Chief, Forty-ninth and Market Streets; for women, to Physician-in-Chief, Forty-fourth and Market Streets.

For the payment of board, and removal of a patient when discharged, security is always required from responsible residents of Pennsylvania. Payment of board is to be made monthly in advance.

Interest will be charged on bills overdue.

Special rooms and private nurses can be supplied, if desired, by the friends of the patients.



# Rules and Regulations of the

# Philadelphia Dispensary

for the

Medical Relief of the Poor

Instituted April 12th, 1786

With the
Annual Reports of the Managers
and
Treasurer

Philadelphia, Penna. 1926

# Managers Elected January 5th, 1925

GEORGE R. PACKARD, 434 Walnut Street, (Elected 1908)

LAWRENCE J. MORRIS, 503 Lafayette Building, (Elected 1910)

PARKER S. WILLIAMS, Commercial Trust Building, (Elected 1916)

JOHN T. LEWIS, JR., 1000 Spruce Street, (Elected 1922)

ARTHUR V. MORTON, Penna. Co., Packard Bldg., (Elected 1922)

BEAUVEAU BORIE, JR., 1517 Locust Street, (Elected 1922)

CHARLES WHEELER, North American Building, (Elected 1922)

JOHN WAY, 409 Chestnut Street, (Elected 1922)

CHAS. J. RHOADS, 330 Chestnut Street, (Elected 1922)

EVAN RANDOLPH, Girard National Bank, 116 S. Third St., (Elected 1923)

CHARLES EVANS, Summerdale Station, Philadelphia, (Elected 1923)

MALCOLM LLOYD, JR., 701 Commercial Trust Building, (Elected 1923)

#### Treasurer

THE PROVIDENT TRUST COMPANY OF PHILADELPHIA, 1508 Chestnut Street.

Contributions may be sent to the Provident Trust Company of Philadelphia, Treasurer, or to any of the Managers.

Annual Contribution, \$5.00. Life Contribution, \$50.00.

Form of Legacy to the Dispensary.

I give and bequeath to the Philadelphia Dispensary the sum of —————, to be paid to their Treasurer for the time being, and applied toward carrying on the charitable designs of the said Institution.

# Past Officers

Presidents				
WILLIAM WHITE				
Robert Smith				
Philip F. Mayer				
WILLIAM F. GRIFFITTS				
Henry J. Morton				
T. Wistar Brown				
Francis W. Sinkler				
George R. Packard1923				
Secretaries				
Samuel P. Griffitts				
Samuel Emlen, Jr				
Casper Wistar				
Thomas Wistar				
Francis W. Sinkler				
Samuel Rhoads				
John B. Carson				
LAWRENCE J. Morris				
Treasurers				
JOHN CLIFFORD				
JOSEPH M. PAUL				
WILLIAM DAVIDSON				
Thomas Biddle				
Coleman Fisher				
Samuel Norris				
John M. Whitall				
William L. Edwards				
DAVID SCULL, JR				
THE PROVIDENT TRUST COMPANY1897				

# Annual Report of the Managers of the Philadelphia Dispensary January 4th, 1926

In 1925—the One Hundred and Fortieth year of its existence—the Philadelphia Dispensary work has been efficiently carried on at the Pennsylvania Hospital as part of the "Out-Patient Department and Philadelphia Dispensary."

The report of the Treasurer is submitted herewith, and the statistical data will be found included in the Hospital report, published under the same cover.

The Building Fund (derived from the sale of the old building) amounted to \$137,911.35, the cost of securities as of 30th of November, 1925.

Salaries have been paid as heretofore to Dr. Garden, formerly Resident Physician, and now serving in Out-Patient Department; and to Miss MacIntyre, formerly nurse, now retired.

The remainder of the Dispensary net Income, after reserving a working balance of \$2,000.00, amounted to \$8,015.62, and has been paid to the Pennsylvania Hospital, for maintenance and equipment of the Out-Patient Department and Philadelphia Dispensary, being less than the cost thereof.

The Managers are glad to announce that a contract has been entered into by the Pennsylvania Hospital to erect on the south side of Spruce Street, between Eighth and Ninth Streets, an Out-Patient Department and Philadelphia Dispensary Building, the plans having been prepared by Messrs. Zantzinger, Borie & Medary, Architects, and Dr. Goldwater, Consultant, at an estimated cost of about \$500,000.00 equipped, and your Managers expect to turn over to the Pennsylvania Hospital, as required to meet payments for new building, the Building Fund, and a substantial part of Endowment Fund.

The Managers are grateful for the services rendered by the Staff, Assistants, and Social Service Department. Medicines, etc., continue to be furnished freely to those unable to pay.

Respectfully submitted,

Lawrence J. Morris, Secretary.

# Report of Provident Trust Company of Philadelphia Treasurer

For the Fiscal Year Ending November 30, 1925

## THE PHILADELPHIA DISPENSARY

# Principal Account

#### RECEIPTS

1924			
Nov. 29	Balance on Hand:		
	Cash	\$86.35 169,577.97	\$160,664.22
	Gain Upon Liquidation on 495 Shs. Knoxville Land Improvement Company, Com.		\$169,664.32
Dec. 22	Div. No. 8, \$3 per Share\$1,485.00		
1925			
Mar. 17 July 21 Sept. 22	Div. No. 9, \$3 per Share 1,485.00 Div. No. 10, \$3 per Share 1,485.00 Div. No. 11, \$3 per Share 1,485.00	<b>\$</b> 5 040 00	
	Gain Upon Liquidation on 11 Shs. Farmers a n d Mechanics National Bank at \$2.50 per Share	\$5,940.00	5,967.50
1924	Gain Upon Conversion of the Following:		7,707.70
Dec. 5	5000 Penna. R. R. General Equipment Trust 5% Due 3-1-1925 Sold for\$5,008.09 Carried in Account at 4,992.50	\$15.59	
	5000 General American Tank Car Corporation Equipment Trust Series B 5½% Due 5-1-1925	Ψ17.79	
	Sold for\$5,026.40		
	Carried in Account at 5,017.75	8.65	

			20	19
		6000 The Lehigh Coal & Navigation Co. Consol. Mtge. Series A, 41/2% Due 1/1/1954	24	June
	\$13.50	Sold for		
	,	4000 Baltimore and Ohio R. R. Co. 10 Yr. Secured 6% Due 7-1-1929 Sold for\$4,119.00 Carried in Account at 3,934.93	6	July
******	184.07	4000 Northern Central Rwy. Co. 2nd Ser. A, 5% Due 1-1-1926 Sold for\$4,014.18 Carried in Account at 4,000.00	18	Aug.
\$235.99	14.18	Received from Philadelphia Dispensary Building Fund—	2	Jan.
	981.50 10,965.88	1000 Lake Shore & Michigan Southern Rwy. Co. Deb. 4% Due 9-1-1928 Int. Due 3-1 and 9-1		
11,947.38 105.40		Transferred from Income	8	June
\$187,920.59	_	Total		
		DISBURSEMENTS	2.5	193
		Delivered to Philadelphia Dispensary Building Fund—	2	Jan.
\$9,837.32		10,000 Baltimore and Ohio R. R. Co. 10-Yr. Serial 6% Due 7-1-1929	20	N
	\$2,564.42 175.518.85	Balance on Hand: Cash Book Value of Investments	30	Nov.
178,083.27		2002 (0.20 0. 20 0.00 0.00 0.00 0.00 0.0		
\$187,920.59		Total		
\$22,650.00		Investments Paid Off or Sold at B During This Period Equals		
	e the total cash and	Note—This amount is not included in receipts because it did not increase of the fund but merely increased decreased amount invested.  The Cost of New Investments Made D		
50,403.50	the above ecrease the	Period Equals		

## Income Account

#### RECEIPTS

1924	RECEII 15		
Nov. 29	Balance on Hand		\$2,000.00
1925	Income from Invested Funds for Year Ending 11-30-1925	\$9,475.67	
	Interest on Balances	85.50	
		1,715.00	11,276.17
	Total		\$13,276.17
	DISBURSEMENTS		
	Advertising Annual Meeting	\$15.12	
	Salaries and Wages	2,220.00	
	Accrued Interest on Bonds Bought	762.32	
	Commissions to Treasurer on Income from Investments Less Allowance on Accrued Interest Paid	157.71	
			3,155.15
	Transferred to Principal Account		105.40
	To Pennsylvania Hospital—		
	On Account of Necessary Repairs, Equipment, Medicine and Surgical		
	Appliances for Out-Patient Dept		8,015.62
Nov. 30	Balance on Hand		2,000.00
	Total		\$13,276.17

# Building Fund Principal Account

### RECEIPTS

1	J	7	,		

Nov. 29 Balance on Hand:

Cash	\$785.40	
Book Value of Investments	132,299.72	
_		\$133,085,12

		Gain Upon Conversion of the Following:		
Dec.	5	\$15,000 New York Central Lines Equipment Trust of 1924 5% Due 6-1-1925		
		Sold for\$15,062.40		
		Carried in Account at 14,965.63		
		\$2000 Reading Co. Equipment Trust Series G 4½% Due 7-1-1925	\$96.77	
		Sold for\$2,004.35		
		Carried in Account at 1,985.84	10 51	
		\$5000 Southern Rwy. Co. Equipment Trust Series T 4½% Due 5:1:1925	18.51	
		Sold for\$5,006.52		
		Carried in Account at 4,953.30	53.22	
		\$10,000 Norfolk & Western Rwy. Equipment Trust of 1922 4½% Due 5-1-1925	73.22	
		Sold for\$10,013.02		
		Carried in Account at 9,946.00	67.02	
		\$10,000 Southern Rwy. Co. Equipment Trust 41/2% Due 11-1-1925	67.02	
		Sold for\$1,003.77		
		Carried in Account at 986.95	1690	
		\$5000 Chesapeake & Ohio Rwy. Co. Equipment Trust Series V 5% Due 7-1-1925	16.82	
		Sold for\$5,024.86		
		Carried in Account at 4,991.67		
		\$5000 Baltimore & Ohio R. R. Equipment Trust 5% Due 8-1-1925	33.19	
		Sold for\$5,028.87		
		Carried in Account at 5,000.00	28.87	
Mar.	9	\$8000 Central Pacific Rwy. Co. 30-Yr. 31/2% Due 8-1-1929		
		Sold for\$7,720.00		
		Carried in Account at. 7,683.11	36.89	\$351.29
Jan.	2	Received from Philadelphia Dispensary Account—		, , =
		\$10,000 Baltimore & Ohio R. R. Co. 10-Yr. Serial 6% Due 7-1-1929 Int. Due 1-1 and 7-1		9,837.32

	Transferred from Income Account During Year Ending 11-30-1925	\$6,709.79
	Total	\$149,983.52
1924	DISBURSEMENTS	
Dec. 5	Loss Upon Conversion of the Following: \$5000 Reading Co. Equipment Trust Series J 5% Due 1-1-1925	
	Carried in Account at\$5,009.33	
	Sold for 5,000.17 	
	\$5000 Louisville & Nashville R. R. Equipment Trust Series D 6½% Due 3·1·1925	
	Carried in Account at\$5,141.29	
	Sold for	124.79
1925		
Jan. 2	Delivered to Philadelphia Dispensary Fund:	
	\$1000 Lake Shore & Michigan Southern Rwy. Co. 25-Yr. Deb. 4% Due 9-1-1928	
	\$11,000 Southern Pacific Co. 20-Yr. Conv. 41/4% Due 6-1-1929 10,965.88	11,947.38
		<del></del>
Nov. 30	Balance on Hand:	\$12,072.17
	Cash \$488.78	
	Book Value of Investments 137,422.57	137,911.35
	Total	\$149,983.52
	Investments Paid Off or Sold at Book Value During This Period Equal	\$1,000.00
	Note—This amount is not included in the above receipts because it did not increase the total of the fund but merely increased cash and decreased amount invested.	
	The Cost of New Investments Made During This Period Equals	68,896.03
	Note—This amount is not included in the above disbursements because it did not decrease the fund but merely decreased cash and increased amount invested.	

# Income Account

## RECEIPTS

Income from Invested Funds for Year Ending November 30, 1925 Interest on Balances	\$7,422.35 73.94	
Total		\$7,496.29
DISBURSEMENTS		
Accrued Interest on Bonds Bought Commissions to Treasurer on Income from Investments Less Allowance on	\$684.34	
Accrued Interest Paid	102.16	
Transferred to Principal Account During Year Ending Nov. 30, 1925	6,709.79	
Total		\$7,496.29

## Life Contributors

BIDDLE, EDWARD R.
BORIE, JR., BEAUVEAU
BROWN, SAMUEL K.
\*CADWALADER, JOHN
DOWNING, RICHARD H.
DREXEL, MRS. JOHN R.
EVANS, CHARLES
HACKER, MRS. ANNETTE PAGE
HACKER, CASPER W.
HARVEY, R. WISTAR
KEITH, MRS. CHARLES P.
LEWIS, MRS. JOHN FREDERICK
LLOYD, JR., MALCOLM
MARSHALL, MRS. BENJAMIN
MILNE, DAVID

MORRIS, LAWRENCE J.

MORTON, ARTHUR V. PACKARD, GEORGE R. PENNSYLVANIA FIRE COMPANY POTTS, JOSEPH D. RANDALL, J. COLVIN RHOADS, DR. SAMUEL SINKLER, DR. FRANCIS W. SMITH, JACOB L. SMITH, JAMES E. SMITH, MARY K. STOTESBURY, E. T. STRAWBRIDGE, MRS. GEORGE TOWNSEND, JR., J. B. WHARTON, J. S. WHITNEY, J. W. WILLIAMS, PARKER S.

\*Wood, George

<sup>\*</sup>Deceased.

# Rules, Etc.

- I. Each lady or gentleman who pays annually into the hands of the Treasurer one guinea, or five dollars, shall be entitled to the privileges of a Contributor; and the payment of ten guineas, or fifty dollars, at one time, shall constitute a person a Life Contributor.
- II. A Board, consisting of twelve Managers, shall be annually elected on the first Monday in January, unless said day be a legal holiday, in that event on the following Monday, by a majority of the Contributors, who shall attend by person or by proxy. No one shall be considered a candidate for Manager, nor shall any votes be received or counted for any one for that office, unless written notice of his nomination or candidacy shall be filed with the Secretary for the information of Contributors not less than thirty days prior to the election. But the Managers of the then existing Board may be voted for and elected without notice.

Five Managers shall constitute a quorum. Their business shall be to provide medicine for the sick, and to regulate all affairs relative to the Institution.

Vacancies in the Board arising from death or resignation may be filled by election by the Board for the balance of any unexpired term.

The Board of Managers, so elected, shall at their first meeting elect a President, Secretary, Treasurer, and two members of the Finance Committee, and may elect such other officers as may from time to time be necessary to serve for the ensuing year, or until their respective successors are elected.

The Board of Managers may at any regular or special meeting called for the purpose elect Acting Officers to fill vacancies arising from death, illness, disability, or continued absence of any officer, such Acting Officers to serve during absence of such officer, or until the next Board of Managers shall be elected. The Board may appoint any Special or Standing Committees they may deem necessary, or may authorize the President to make such appointment.

III. The election shall be held at the Pennsylvania Hospital on the first Monday in January, unless said day be a legal holiday,

in that event on the next succeeding Monday, between the hours of 12.30 P. M. and 1.00 P. M.

- IV. At the Stated or Adjourned Stated Meeting of the Managers next preceding the first Monday in January in every year, two persons, being Contributors, shall be appointed Judges of the ensuing election, and two other persons, being also Contributors, shall be appointed Tellers, who shall receive the votes of the Contributors, and keep a list of the same. If any of the persons so appointed shall fail to attend or act at the said election, their places shall be supplied by a selection to be made by the other persons so appointed who may attend or act; and if all the persons so appointed shall fail to attend or act the Contributors present shall select persons to fill the places so vacated, as aforesaid. The Judges so appointed shall decide upon the qualifications and the rights of persons offering to vote as Contributors, and their decisions shall be final and conclusive.
- V. At the time fixed for closing the Poll, the Judges and Tellers shall proceed to count the votes given, and having ascertained the same, shall sign a certificate thereof, which certificate shall be the evidence of the election of the persons therein certified to be elected.
- VI. It shall be the duty of the Treasurer to prepare and submit to the Managers on the 1st of December in each year, a full and complete list of the names of all the Contributors, whether Life Contributors or Contributors, who have paid to him the sums required to be paid by the Charter during the year immediately preceding such election—which list, certified under the hand of the President and Secretary thereof, shall be furnished to the Judges of the election, and shall be considered as evidence of the right of the person named therein to vote. And no person whose name is not contained in such list shall be entitled to vote at such election, unless he shall produce a receipt from the Treasurer for his annual payment, made in conformity with the Charter. But no payment made on the day of the election shall entitle the person making such payment to vote at such election. The Contributors duly entitled to vote, as aforesaid, may vote either in person or by proxy.

VII. The payment of the annual contributions mentioned in

the Charter shall entitle the Contributor to the rights of membership only for the current charter year, to commence after the expiration of the first Monday of one year, and determine on the expiration of the first Monday in the succeeding year.

VIII. All proxies shall have at least one subscribing witness.

IX. There shall be a Finance Committee composed of the President and Secretary and two other Managers, who shall be elected yearly at the first meeting of the Managers. Any three members of the Finance Committee, twenty-four hours' notice having been given to all members thereof, shall constitute a quorum of said Committee, and, all members present concurring, any member of said Committee may be authorized to sign, "By order of Finance Committee."

The Finance Committee shall have full authority, at their discretion, to purchase, or sell, or exchange, any investment for the funds of the Dispensary, other than Real Estate; and their approval must be secured by the Treasurer prior to such purchase, sale or exchange, and all such changes authorized by the Finance Committee shall be reported to Board of Managers at their first subsequent meeting.

X. The Board of Managers shall meet at the Pennsylvania Hospital at least once a year, on a day and at an hour agreed by them, to transact the business of the Dispensary.

Special Meetings of the Managers may be called at any time by the President or Secretary upon (3) days' notice.

XI. Amendments to Rules may be made by proposal and adoption of same at a regular or special meeting of Managers, subject to confirmation at a subsequent regular or special meeting to be held on a later date, and of which due notice shall be given.

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